Staff Psychological Well-being Hub

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Do you care for a friend or relative?

Do you work in Health & Social Care within

Staffordshire or Stoke-On-Trent?



Get in touch to join our Carer's Network. A closed forum for peer support, helpful carer information & self-care strategies



You are valued & your voice matters

Contact Nicki Haywood staffwellbeinghub@staffsstoke.icb.nhs.uk 0300 303 5406