



The Staff Psychological Wellbeing Hub



As Health and Social Care staff we're all good at looking after others, however we often fail to prioritise ourselves. We're here to support you!

Connect with us online:



Call us:

0300 303 5406

(open 9am - 5pm, Mon - Fri)

Email us:

staffwellbeinghub@staffsstoke.icb.nhs.uk



**Staffordshire and
Stoke-on-Trent**

Integrated Care System

Staff Psychological Wellbeing Hub

